



Certified APT-Therapist Criteria

Mandatory Requirements for Certification	
Didactic instruction	<p>Mandatory attendance of four, 3-day workshops for 3 years (Minimum of 40 hours/year)</p> <p>Day 1: 10am-6pm, 2 hours break (For a total of 6 hours)</p> <p>Day 2: 10am-6pm, 2 hours break (For a total of 6 hours)</p> <p>Day3 : 10am-6pm, 2 hours break (For a total of 6 hours)</p>
Individual Supervision	<p>6 Hours of individual supervision on a yearly basis for 3 years. (I.e. a minimum of 18 hours/3 years). <i>4 of those hours must be with a Certified APT Supervisor.</i></p>
Group Supervision	<p>Mandatory attendance of supervision of fellow trainees (Minimum of 32 hours per year)</p>
Knowledge Proficiency Exam	<p>A short exam (30 min) will be given at the end of each semester to insure that <i>basic didactic knowledge of Affect Phobia Therapy</i> is acquired.</p>

	Year One	Year Two	Year Three
Didactic instruction	24 hrs	24 hrs	24 hrs
Individual Supervision	6 hrs	6 hrs	6 hrs
Group Supervision	32 hrs	32 hrs	32hrs
Affect Phobia Therapy Exam	2	2	2