

PAC SUMMARY FORM (DSM-5)

The therapist uses this form to summarize important issues while scanning the completed PAC forms.
This summary can help guide the initial evaluation and diagnostic session(s).

Name: _____ **DOB:** _____ **Date:** _____

Presenting 1. _____

Problems: 2. _____

3. _____

Medical Conditions: No Yes _____

Physical symptoms: _____

Medications: No Yes (see supplied list) _____

Current Severe Stressors: _____

Past Severe Stressors: _____

Life's best time: _____ **Worst time:** _____ **Shame?** Yes/No

Self-worth: _____ **Other notes:** _____

Self-Assessment of Functioning: Mood ____ **Social Functioning** ____ **Work/School** ____

Diagnoses to check: ****Suicidal Items Checked:** Thoughts__ Plan__ Action__

___ Major Depression
___ Past Major Depression
___ Persistent Depressive Disorder

depressive items ____**

___ Manic
___ Past Manic
___ Delusions
___ Schizophrenia
___ Alcohol Dependence/Abuse
___ Drug Dependence/Abuse
___ Panic Disorder with/without AGR
___ Agoraphobia
anxiety items ____

___ Social Phobia
___ Simple Phobia
___ Generalized Anxiety Disorder
anxiety items ____
___ Post-Traumatic Stress Disorder
___ Obsessive/Compulsive
___ Body Dysmorphic Disorder
___ Hoarding__ Trichotillomania__ Excoriation
___ Somatic Symptom Disorder
___ Illness Anxiety Disorder
___ Anorexia
___ Bulimia
___ Attention Deficit Disorder

Personality features to check: Note the number of 'yes' items in each category. The validity of each item answered 'yes' needs to be verified, based on DSM-5 criteria; i.e., Is there evidence of 1) Lifetime persistence, 2) Pervasiveness, and. 3) Problematic to the individual.

Cluster C (Anxious)

___ Avoidant
___ Dependent
___ Obsessive Compulsive

___ **TOTAL ITEMS/CLUSTER C**

Cluster A (Withdrawn):

___ Paranoid
___ Schizoid
___ Schizotypal

___ **TOTAL/CLUSTER A**

Cluster B (Impulsive)

___ Histrionic
___ Narcissistic
___ Borderline
___ Antisocial

___ **TOTAL/CLUSTER B**

(Not in DSM)

___ Passive-Aggressive/Negativistic
___ Depressive
___ Self-Defeating

TOTAL ITEMS ANSWERED FOR ALL 3 CLUSTERS